



WARM WEATHER

Troop 519/532 Intro to Backpacking & Camping Check List

Anything you want to stay dry goes in Ziplock bags; squeeze air out before sealing to make it easy to pack.

Toiletries - Everything in a Ziplock bag

- ☐ Biodegradable camp soap
- ☐ Toothbrush – *In its own Ziplock bag*
- ☐ Toothpaste
- ☐ Dental floss
- ☐ Washcloth – *Optional, tiny & light*
- ☐ Towel - *Tiny & light*
- ☐ Insect repellent or clothing
- ☐ Toileting Kit – *Only needed when camping at a site without bathrooms*
 - ☐ Toilet paper – *In its own Ziplock bag*
 - ☐ Extra Ziplock bags for used TP – *Empty bags of coffee grounds work great, too! They're opaque and hide smells.*
 - ☐ Personal bottle of hand sanitizer
 - ☐ Small, lightweight trowel for digging “cat” holes – *In its own Ziplock bag*

Sleep System

- ☐ Sleeping bag - *Packed in plastic bag, then inside stuff sack. The stuff sack will protect the plastic bag from tearing*
- ☐ Sleeping pad - *Packed in plastic bag, then inside stuff sack*
- ☐ Camping Pillow – *Optional*

Food

- ☐ Trail food for each day of outing - *For snacks, not the same as extra food*
- ☐ Extra food - *For emergencies*
- ☐ Mess kit - *Packed to stay clean*
 - ☐ Cup - *Plastic is better for hot drinks*
 - ☐ Bowl/plate
 - ☐ Spoon/Fork/Knife/Spork
- ☐ Cash for snack on the drive home

Clothing - NO COTTON/cotton blends. “Cotton is rotten!” Synthetics or wool only. Pack items in Ziplock bags and squeeze the air out of the bag before sealing to make it easy to pack. Layering is the strategy – conditions and temperature change constantly.

- ☐ Short sleeved shirt
- ☐ Shorts/Long pants for hiking
- ☐ Sweatshirt/fleece
- ☐ Underwear – *pack extra*
- ☐ Socks for hiking (usually wool) x days of trip
- ☐ Pajamas
- ☐ Rain-proof jacket or coat with hood, weather appropriate
- ☐ Warm ski hat - *For sleeping & cool nights/mornings, even in the summer*
- ☐ Lightweight mittens or gloves – *Yes, pack lightweight gloves in the summer for cool nights/mornings!*
- ☐ Waterproof Hiking boots
- ☐ Slides/flip flops/camp booties – *Optional, to give your feet a break from your boots around the campsite*
- ☐ Watch
- ☐ Extra clothing for the ride home – *Packed in a separate bag with your name on it. This will be left in a car at the trail head.*

Don't Forget the 10 Essentials!

- ☐ **Pocketknife**
- ☐ **Small First aid kit** - *Check BSA Handbook (If you're carrying a Troop first aid kit, you can leave your personal one at home)*
- ☐ **Extra clothing** - *See the “Clothing List” for details*
- ☐ **Waterproof rain gear**
- ☐ **Water bottle or hydration system** - *Make sure it is filled, sealed, not leaking, and packed away before leaving home*
- ☐ **Flashlight/headlamp**
 - ☐ Spare bulb - *unless LED*
 - ☐ Spare batteries
- ☐ **Matches & fire starters in waterproof containers**
- ☐ **Sun protection** - *Sunscreen and/or sunglasses and/or hat with brim*
- ☐ **Map** - *Fold up and put in a Ziploc bag!*
- ☐ **Compass**

Pro Tip!

Store items used only for outings in pre-packed Ziplocks to make packing easier

Outing-Specific Items?

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Gear

- ☐ Whistle
- ☐ Rain cover for backpack - *Or use a rain-proof backpack instead*
- ☐ 2 kitchen trash bags for trash, wet clothes, etc.
- ☐ 50 ft. of lightweight nylon rope (“parachute cord” or similar)
- ☐ Camp chair - *Optional*
- ☐ Personal entertainment – *Books/card games/ball. Remember, no electronics!*
- ☐ Patrol Equipment assigned to you for this trip - *Tent/stove/food/rainfly/etc. Check with your patrol leader if you're not sure or don't think you have any.*
- ☐ Scoutbook